



The Looneyspoons Collection: Good Food, Good Health, Good Fun!

By Janet Podleski, Greta Podleski

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, The Looneyspoons Collection: Good Food, Good Health, Good Fun!, Janet Podleski, Greta Podleski, Lick your lips and shrink your hips with "The Looneyspoons Collection"! Jam-packed with "the best of the best" Janet & Greta recipes.made even Better! It includes: Better carbs; Better fats; More fibre; Less sugar; Less salt; Same great taste that won't go to your waist! TLC features outrageously delicious, reader-favorite recipes from Janet & Greta's incredibly popular cookbooks Looneyspoons, one of Canada's all-time bestsellers; Crazy Plates, a James Beard Foundation Award finalist; and Eat, Shrink & Be Merry!, voted "Cookbook of the Decade 2000-2009" by Chapters/Indigo Books.plus Tons of new, Must-Try Recipes, including: Greta's Gluten-Free Miracle Brownies Chewy, moist, double-chocolate fudge brownies Honey, I Shrank My Thighs! Mouthwatering, honey-garlic baked chicken thighs that will leave everyone begging for more Moroccan and Rollin' Quinoa Salad; the super-grain becomes super-scrumptious when paired with rockin' spices Pimped-Out Pumpkin Pie Pancakes; one taste and you'll say, "Thanks(for)giving me this fabulous recipe!" Diabetic? Looking for gluten-free or vegetarian options? Counting points? Cooking for finicky kids? "The Looneyspoons Collection" makes healthy eating delicious and fun for everyone! A feast for your eyes and your...



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