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## Opening Doors: What Happens in Gestalt Therapy (Paperback)

By Daniel Rosenblatt

Gestalt Journal Press,U.S., United States, 1989. Paperback.  
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 First published in 1975 and revised and updated in 1989, Opening Doors was the first book to offer insight into what takes place in the consulting room of a Gestalt therapist during both individual and group sessions. In the first edition the author offered clinical vignettes detailing more than thirty of his patients. In the revised edition, published fifteen years later, he includes a brief update, writing of how Gestalt therapy impacted each of their lives. The author was one of the first to provide therapeutic services to AIDs victims from Manhattan s Gay Community and shares some of his moving experiences with his gay clients. In her forward, Gestalt therapy founder Laura Perls wrote: This book is a strong gestalt, a successful integration of theory and practice, of explanation and expression, into an intensely personal style of communication. Daniel Rosenblatt s precise and, at the same time, imaginative and flowing use of language in dialogue and metaphor makes exciting and enjoyable reading. Opening Doors offers a profound insight into Gestalt therapy. I recommend...



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